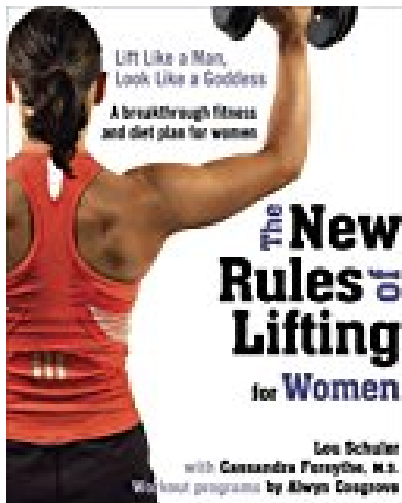


The New Rules of Lifting for Women Lift Like a Man Look Like a Goddess



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