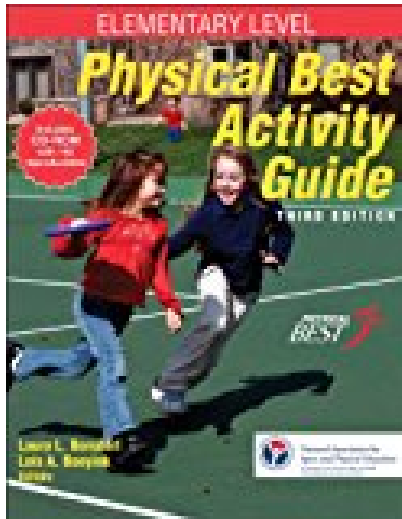


# Physical Best Activity Guide Elementary Level - 3rd Edition



## BOOK DETAILS

- Author : SHAPE America - Society of Health and Physical Educators
- Pages : 288 Pages
- Publisher : Human Kinetics
- Language : English
- ISBN : 0736081178

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## BOOK SYNOPSIS

"Physical Best Activity Guide: Elementary Level, Third Edition, " presents fun activities that help students gain the knowledge, skills, appreciation, and confidence they need to lead active, healthy lives, regardless of physical and mental abilities or disabilities. It includes instructions on adapting 78 activities for kids of all skill levels and a CD-ROM with numerous reproducibles.

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